

ATTICUS CALDERON

Gym Receptionist

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☎ (123) 456-7890

📍 Austin, TX

🌐 [LinkedIn](#)

EDUCATION

Bachelor of Science
Kinesiology and Health
Education

**University of Texas at
Austin**

📅 2021 - current

📍 Austin, TX

SKILLS

- Microsoft Office
- Google Workspace
- MyFitnessPal
- Zoom
- Cronometer
- Couch to 5K

WORK EXPERIENCE

Gym Receptionist

Retro Fitness

📅 2022 - current

📍 Austin, TX

- Used Microsoft Office and Google Workspace to enhance administrative tasks, resulting in a 21% improvement in operational efficiency.
- Managed gym check-ins and responded to customer inquiries, maintaining a 98% satisfaction rate.
- Implemented data analysis skills in Cronometer to identify peak gym hours, which led to a 16% increase in staff scheduling accuracy.
- Designed visually engaging promotional materials in Microsoft PowerPoint and contributed to a **34% growth in gym membership sign-ups**.

PROJECTS

Intrams2022

Scorekeeper

📅 2022

- Maintained precise score and statistical records using Cronometer and MyFitnessPal, ensuring flawless game progress.
- Achieved a 99% accuracy rate in scorekeeping, directly impacting the event's credibility and success.
- Conducted post-event analysis using Google Sheets, identifying areas for improvement and achieving a 12% better event experience rating.
- Trained new scorekeepers in efficient data entry techniques, which **improved overall team performance by 18%**.

NutriMove

Volunteer

📅 2021

- Guided the local community in meal planning and pre/post-workout nutrition through MyFitnessPal and Cronometer, enhancing healthy eating adoption among families.
- Created personalized nutrition plans for clients, resulting in a 19% decrease in unhealthy snacking habits.
- Utilized Cronometer for nutritional assessments, which **helped clients lose an average of 8% body fat**.
- Collaborated with local schools to introduce nutritional education programs, positively impacting 500+ students' eating habits.