OLIVIA CAMPOS

Private Caregiver

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in LinkedIn

WORK EXPERIENCE

Private Caregiver
Private (Senior Citizen)

📅 2019 - current   📍 San Diego, CA

- **Provided in-home care 12 hours per day for a senior citizen**, including physical care (lifting and bathing) and emotional well-being using expert knowledge of safety and body mechanics
- **Maintained patient progress notes for the family and care team with 0 incidents** and a 100% satisfaction rating
- Offered friendly and professional companionship including social activities 6-10 times per month
- Executed cleaning, laundry, and meal preparation, ensuring patient followed their nutrition plan with an 85% success rate

Private Caregiver
Private (Alzheimer's)

📅 2017 - 2019   📍 San Diego, CA

- Provided round-the-clock care for an Alzheimer's patient, including activities of daily living (ADLs), patient advocacy, and a care plan
- **Monitored and recorded patient's behavior and ADLs** and provided notes to the patient's care team and family 5 days per week
- **Maintained the household**, including shopping, meals, cleaning, laundry, and other duties as assigned by the patient's family
- Executed shopping, money management/bookkeeping, coordination of outside services for yard work, and driving patient to appointments

Private Caregiver
Private (Adult)

📅 2015 - 2017   📍 San Diego, CA

- **Responded to the physical, emotional, and developmental needs of an adult veteran** with 3 disabilities
- Assisted with moving patient in and out of bed, bath, wheelchair, and automobile **using patient safety best practices with 0 fall incidents**
- Ensured patient completed assigned physical therapy "homework" based on the care plan and maintained a schedule of social activities to ensure compliance with a psychological care plan

EDUCATION

High school diploma
Westview High

📅 2010 - 2014
📍 San Diego, CA

SKILLS

- Independent
- Detail-oriented
- Dependable
- Written Communication
- Compassionate