

# Olivia Campos

## Private Caregiver

olcamp123@gmail.com   
(123) 456-7890   
San Diego, CA   
[LinkedIn](#) 

Compassionate Private Caregiver with 6 years experience providing companionship and comfort for senior citizens and persons with disabilities. Trusted and professional with a caring attitude centered on treating all patients with dignity and respect. Specialized training with memory care issues. Looking to leverage a "partnership in care" mentality to assist families with their in-home care needs.

## Work Experience

### Private (Senior Citizen) – Private Caregiver

2019 - current

San Diego, CA

- Provide in-home care for a senior citizen including physical care (lifting and bathing) and emotional well-being using expert knowledge of safety and body mechanics while providing compassionate care.
- Prepare and submit accurate and complete patient progress notes to the patient's family and care team. Zero incidents reported to date.
- Provide friendly and professional companionship including social activities inside and outside of the home.
- Light housekeeping responsibilities include cleaning, laundry, and meal preparation. Ensure patient follows their nutrition plan as directed by care team with an 85% success rate of plan followed.

### Private (Alzheimer's) – Private Caregiver

2017 - 2019

San Diego, CA

- Provided round-the-clock, in-home care for an Alzheimer's patient including activities of daily living (ADLs), patient advocacy, care plan documentation, and partnership with the patient's care team and family.
- Consistently and accurately monitored and recorded patient's behavior and ADLs every day; reported daily notes to the patient's care team and family.
- Maintained the household including shopping, meal preparation, cleaning, laundry, and all other duties as assigned by the patient's family. Trusted to perform all shopping, money management/bookkeeping, coordination of outside services for yard work, drive patient to appointments, and schedule social activities where appropriate.
- Built a trusting relationship with the patient's family; built a partnership of care where everyone felt supported and involved in the life of the patient.

### Private (Adult) – Private Caregiver

2015 - 2017

San Diego, CA

- Private in-home care for an adult veteran with disabilities including responding appropriately to the physical, emotional, and developmental needs of the patient with a caring attitude.
- Assisted with moving patient in and out of bed, bath, wheelchair, and automobile using patient safety best practices and zero fall incidents.
- Ensured patient completed all assigned physical therapy "homework" based on the care plan and maintained a schedule of social activities to ensure compliance with patient's psychological care plan.
- Initially, performed all household duties including cleaning, laundry, and meal preparation. By following the patient care plans, taught patient to perform 100% of all household tasks and ADLs on their own, which increased patient quality of life and emotional well-being.

## Education

### Westview High – High school diploma

2010 - 2014

San Diego, CA

## Skills

Independent; Detail Oriented; Dependable; Written Communication; Compassionate