

# Olivia Campos

## Private Caregiver

olcamp123@email.com

(123) 456-7890

San Diego, CA

[LinkedIn](#)

## WORK EXPERIENCE

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### Private (Senior Citizen) - Private Caregiver

2019 - current

San Diego, CA

- Provided in-home care 12 hours per day for a senior citizen, including physical care (lifting and bathing) and emotional well-being using expert knowledge of safety and body mechanics
- Maintained patient progress notes for the family and care team with 0 incidents and a 100% satisfaction rating
- Offered friendly and professional companionship including social activities 6-10 times per month
- Executed cleaning, laundry, and meal preparation, ensuring patient followed their nutrition plan with an 85% success rate

### Private (Alzheimer's) - Private Caregiver

2017 - 2019

San Diego, CA

- Provided round-the-clock care for an Alzheimer's patient, including activities of daily living (ADLs), patient advocacy, and a care plan
- Monitored and recorded patient's behavior and ADLs and provided notes to the patient's care team and family 5 days per week
- Maintained the household, including shopping, meals, cleaning, laundry, and other duties as assigned by the patient's family
- Executed shopping, money management/bookkeeping, coordination of outside services for yard work, and driving patient to appointments

### Private (Adult) - Private Caregiver

2015 - 2017

San Diego, CA

- Responded to the physical, emotional, and developmental needs of an adult veteran with 3 disabilities
- Assisted with moving patient in and out of bed, bath, wheelchair, and automobile using patient safety best practices with 0 fall incidents
- Ensured patient completed assigned physical therapy "homework" based on the care plan and maintained a schedule of social activities to ensure compliance with a psychological care plan

## EDUCATION

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### Westview High - High school diploma

2010 - 2014

San Diego, CA

## SKILLS

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Independent; Detail-oriented; Dependable; Written Communication; Compassionate