

OLIVIA CAMPOS

Private Caregiver

✉ olcamp123@email.com

☎ (123) 456-7890

📍 San Diego, CA

🌐 [LinkedIn](#)

EDUCATION

High school diploma

Westview High

📅 2010 - 2014

📍 San Diego, CA

SKILLS

- Independent
- Detail-oriented
- Dependable
- Written Communication
- Compassionate

WORK EXPERIENCE

Private Caregiver

Private (Senior Citizen)

📅 2019 - current

📍 San Diego, CA

- **Provided in-home care 12 hours per day for a senior citizen,** including physical care (lifting and bathing) and emotional well-being using expert knowledge of safety and body mechanics
- Maintained patient progress notes for the family and care team with 0 incidents and a 100% satisfaction rating
- **Offered friendly and professional companionship** including social activities 6-10 times per month
- Executed cleaning, laundry, and meal preparation, ensuring patient followed their nutrition plan with an 85% success rate

Private Caregiver

Private (Alzheimer's)

📅 2017 - 2019

📍 San Diego, CA

- **Provided round-the-clock care for an Alzheimer's patient,** including activities of daily living (ADLs), patient advocacy, and a care plan
- Monitored and recorded patient's behavior and ADLs and provided notes to the patient's care team and family 5 days per week
- Maintained the household, including shopping, meals, cleaning, laundry, and other duties as assigned by the patient's family
- **Executed shopping, money management/bookkeeping,** coordination of outside services for yard work, and driving patient to appointments

Private Caregiver

Private (Adult)

📅 2015 - 2017

📍 San Diego, CA

- **Responded to the physical, emotional, and developmental needs** of an adult veteran with 3 disabilities
- Assisted with moving patient in and out of bed, bath, wheelchair, and automobile using patient safety best practices with 0 fall incidents
- Ensured patient completed assigned physical therapy "homework" based on the care plan and maintained a schedule of social activities to **ensure compliance with a psychological care plan**