Bea Glower
Physical Therapist Assistant

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Work Experience

Homeside Rehab – Assistant Physical Therapist

2020 - current   Denver, CO

- Traveled with licensed PTs to 6+ patient homes per day, organizing checklists for equipment
- Developed goal-setting plans and strategies to coordinate with management plans, improving patients' sense of agency, and **reducing drop-out rates by 29%**
- Collaborated with staff to make free health resources for community and gained 22 new clients
- Monitored patient progress, communicating with physical therapists about plan management

Theradynamics – Assistant Physical Therapist

2019 - 2020   Denver, CO

- Developed patient discharge courses on maintenance and self-care, resulting in a **12% drop in dysfunction reoccurrences**
- Assisted physical therapists in 6+ diagnostic appointments per day, learning patient communication skills
- Designed custom treatment plans, receiving 8 perfect ratings on assistant evaluation surveys
- Bolstered relations between Theradynamics and 110+ healthcare providers, including psychiatrists, pain management physicians, and orthopedists

ClinEd Telehealth – Physical Therapist Intern

2017 - 2019   Denver, CO

- Collaborated with 11+ staff members, generating videos demonstrating proper exercise form, stretching routines, and self-massage for patients
- Designed equipment lists, providing clients with affordable options for necessary equipment
- Provided free digital literacy training, **improving physical therapy services in underserved communities by 38%**
- Generated 2 custom treatment plans a day under the direction of a licensed physical therapist

Education

University of Colorado, Denver – Doctor of Physical Therapy

2018 - current   Denver, CO

University of Colorado, Denver – Bachelor of Science, Sports Medicine

2013 - 2017   Denver, CO

Skills

Goal Setting; Detail-oriented; Engaged; Treatment Plans; Strength Training; Reporting