





CECILIA CABAL

REGISTERED NURSE

CONTACT

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New York, NY 
[LinkedIn](#) 

EDUCATION

Bachelor of Science in
Nursing
University at Buffalo
2018 - 2022
Buffalo, NY

SKILLS

IV Management
Clinical Documentation
Vitals
Preventative Care
HIPPA regulations
Patient & Family
Communication

CERTIFICATIONS

Registered Nurse (RN), NY
Basic Life Support (BLS)

ACTIVITIES

Volunteer EMT, Central Park
Medical Unit
NYC Marathon Finisher, 2018

CAREER OBJECTIVE

Recently licensed Registered Nurse (RN) eager to work in a fast-paced emergency room environment like NYU Langone Health Emergency. A background in patient care and careful attention to detail make me a strong addition to any medical care team, where my personable attitude and empathetic approach will demonstrate quality care.

WORK EXPERIENCE

Student Nurse Technician

Mount Sinai Health System

2021 - current / New York, NY

- Obtained vital signs, height, weight, and demographic data for 18-22 patients per day.
- Aided patients with personal and daily care, such as bathing, oral hygiene, shaving, and hair care.
- Assisted with urinary catheter removal, finger stick blood sugars, routine urine and stool specimen collection, ostomy care, emptying drainage receptacles/tubes, and bladder scans.
- Removed peripheral IVs under supervision of 3 RNs.
- Delivered meals and snacks, fed patients who were unable to feed themselves, and documented oral intake.
- Turned and positioned immobile patients safely with 0 incidents while maintaining proper body alignment.
- Answered patient call lights within 15 seconds, and tended to patients' needs or located the RN or doctor, depending on the severity of the situation.
- Transported patients to designated areas on time and with 0 incidents or accidents.

Nursing Home Volunteer

Buffalo Nursing Home

2018 - 2021 / Buffalo, NY

- Organized board game events, physical activities, and movie nights for 150+ residents.
- Visited patients, rotating wings weekly, as to spend 15 minutes with each patient at a time.
- Helped distribute meals and feed patients during the evenings.
- Assisted patients with mobility, helping them follow physical therapy protocols under the supervision of 3 CNAs.