

Maverick Kitzler

Licensed Nursing Assistant (LNA)

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WORK EXPERIENCE

MAS Medical Staffing

Licensed Nursing Assistant

Barre, VT | 2019 - current

- Generated spreadsheets to track inventory needs for 2 facilities, reducing the number of annual shortages by 46%
- Cared for 12-24 patients per shift, maintaining an upbeat attitude
- Utilized conflict resolution strategies to de-escalate complaints, increasing patient satisfaction by 26%
- Practiced social distancing and proper sterilization techniques, reducing the rate of Covid-19 transmission by 12%

Porter Medical Center

Unit LNA

Montpelier, VT | 2017 - 2019

- Performed 30+ resident care functions, including grooming, hygiene, ROM activities, proper body alignment, and transportation
- Collected and documented resident vitals 3 times per shift, notifying nursing staff of significant deviations from baseline readings
- Anticipated each patient's basic needs and provided proactive care, increasing patient satisfaction by 37%

Barre Gardens Nursing and Rehab

Licensed Nursing Assistant

East Montpelier, VT | 2015 - 2017

- Implemented and led a weekly music hour for residents, averaging 42% total resident participation and increasing resident satisfaction by 13%
- Readied 8 weekly patient rooms for new admission, providing fresh linens, cleaning bed tables, and replenishing personal use items
- Executed 12+ daily activities for 25 residents, including physical therapy, basic hygiene, meal service, and transportation

Central Vermont Medical Center

Nursing Assistant

Montpelier, VT | 2012 - 2015

- Performed hygiene care for 30+ patients, including changing bedpans, commodes, linens, and wound dressings
- Managed patient hygiene and appearance by washing and styling patient's hair, cleaning clothes, and helping patients dress and accessorize, resulting in a patient satisfaction rating of 94%
- Collaborated with 6 nurses to clean each room and patient's care equipment at least once per day, reducing the rate of infection by 37%

SKILLS

- Rehabilitation
- Data Entry
- Geriatric Care
- Case Diagnosis
- Infection Control
- CPR
- First Aid
- BLS

EDUCATION

Bachelor of Science

Nursing

Castleton University

2008 - 2012

Castleton, VT

CERTIFICATIONS

- State of Vermont CNA Certification
- Basic Life Support Provider - American Red Cross