





# MONICA RUIZ

## Home Health CNA

### CONTACT

Moruiz2@email.com   
(123) 456-7890   
Daytona Beach, FL   
[LinkedIn](#) 

### EDUCATION

Certificate of Achievement  
Nursing Assistance  
Daytona State College  
2016  
Daytona Beach, FL

High School Diploma  
Seabreeze High School  
2011 - 2015  
Daytona Beach, FL

### SKILLS

Home Health Care  
HIPAA, OSHA Regulations  
Electronic Medical Records (EMR)  
Basic Medication Administration  
Obtaining Vital Signs  
Microsoft Office (Word,  
PowerPoint)

### CERTIFICATIONS

Certified Nursing Assistant (CNA),  
2019  
First Aid and CPR (ARC), 2019

### WORK EXPERIENCE

Home Health Certified Nursing Assistant  
Halifax Health

2018 - current / Daytona Beach, FL

- Provided various personal care and household management to ill, disabled, or infirm persons
- Assisted with ambulation, in-home exercises, and transfers to/from bed, chair, or restroom facilities
- Led the meal planning and grocery shopping for 75% of patients and created a spreadsheet to track basic nutrition/meal prep used across the company
- Planned regular medication reminders to 50+ patients and provided limited support in handling/distributing medications
- Documented vitals, respiratory vitals, and blood sugar monitoring for 100% of patients
- Performed light housekeeping duties, including bed changes, cleaning, dusting, trash removal, laundry, and dishes
- Transported 12+ approved patients to doctor's appointments and other activities

### In-Home Certified Nursing Assistant

Onyx Home Care

2016 - 2018 / Daytona Beach, FL

- Managed the daily hygiene for 20+ patients in their own homes, including baths, oral hygiene, eating, active/passive exercises, rehabilitation, grooming needs, and ambulation
- Maintained daily records of pertinent observations and activities, reporting any incidents or changes in patient's behavior to 3 agency supervisors
- Kept patient's belongings and clothes clean 7 days per week and performed some light housekeeping to ensure patient comfort and satisfaction
- Coordinated 3 nutritious meals per day, encouraged nutritional support, and educated patients on nutrition basics
- Provided companionship during difficult periods of patients' lives and maintained strict confidentiality of illnesses
- Escorted patients to various outings, including medical appointments and social gatherings, improving patient satisfaction rate by 50%