





CARLA RUIZ

Home Health CNA

CONTACT

carlaruiz2@gmail.com 
(123) 456-7890 
Daytona Beach, FL 
[LinkedIn](#) 

EDUCATION

Certificate of Achievement
Nursing Assistance
Daytona State College
Daytona Beach, FL
2016

High School Diploma
Seabreeze High School
Daytona Beach, FL
2011 - 2015

SKILLS

Home Health Care
HIPAA, OSHA regulations
Electronic Medical Records (EMR)
Basic Medication Administration
Obtaining Vital Signs
Microsoft Office (Word,
PowerPoint)

CERTIFICATIONS

Certified Nursing Assistant (CNA),
2019
First Aid and CPR (ARC), 2019

WORK EXPERIENCE

Home Health Certified Nursing Assistant

Halifax Health / 2018 - current / Daytona Beach, FL

- Provided various forms of personal care and household management to ill, disabled, or infirm persons.
- Assisted with ambulation, in home exercises, and transfers to/from bed, chair, or restroom facilities.
- Led the meal planning and grocery shopping for the majority of patients. Created a spreadsheet to track basic nutrition/ meal prep used across the company.
- Gave regular medication reminders to patients and provided limited support in handling/distributing medications.
- Documented vitals, respiratory vitals, and blood sugar monitoring on a regular basis for all patients.
- Performed light housekeeping duties, including bed changes, cleaning, dusting, trash removal, laundry, and dishes.
- Transport patients to doctor's appointments and other approved activities.

In-Home Certified Nursing Assistant

Onyx Home Care / 2016 - 2018 / Daytona Beach, FL

- Managed the daily hygiene for patients in their own homes, including baths, oral hygiene, eating, active/ passive exercises, rehabilitation, grooming needs, and ambulation.
- Maintained daily records of pertinent observations and activities, then reported any incidents or changes in patient's behavior to agency supervisor.
- Kept patient's belongings and clothes clean, and performed some light housekeeping to ensure patient comfort and satisfaction.
- Prepared nutritious meals, encouraged nutritional support, and educated patients on nutrition basics.
- Provided companionship during often difficult periods of patient's lives, and maintained strict confidentiality of patient's illness.
- Escorted patients to various outings including medical appointments and social gatherings.