

# Tera Wiest

## Registered Nurse (RN)

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San Francisco, CA

### WORK EXPERIENCE

#### Crossroads Hospice

Registered Nurse (RN)

San Francisco, CA | 2015 - current

- Defined and interpreted agency services, criteria and policies to hospital personnel, physicians, patients, families, and other community resources
- Served as hospice and palliative care resource to 2 hospitals, physicians, clinic staff, and the community
- Acted as the primary contact to Residential Care Facilities and Assisted Living Facilities while working with state regulatory personnel with Social Services
- Participated in community education efforts, and presented at 3 local speaking engagements to broaden the community's understanding of hospice care

#### North Cal Home Health Care

Registered Nurse (RN)

San Francisco, CA | 2013 - 2015

- Completed initial assessment of patient and family to determine home health needs by providing a physical assessment and documenting the history of current and previous illnesses
- Developed a care plan, established goals based on diagnosis, and incorporated therapeutic, preventative, and rehabilitative care for 15-20 patients each week
- Communicated care instructions to patients per assessment and care plans in a clear, empathetic way
- Instructed and led 3 CNAs in caring for patients, and provided supervision and mentorship for their nursing care growth

#### Peachtree Health

Registered Nurse (RN)

San Francisco, CA | 2012 - 2013

- Coordinated and provided all nursing care for 10-12 patients per day while documenting notes about assessment and care
- Worked with 2 RNs and 1 doctor to create and revise treatment plans, and educated patients on plans to help their progress
- Administered a wide variety of services including catheterization, tube feedings, applying and changing bandages, colostomy, taking blood, and assisting with ADLs
- Assisted patients with acute-level rehabilitation, providing encouragement and communication with families

### SKILLS

- Clinical Care
- Clinical Judgement
- Phlebotomy
- Clinical Documentation
- Patient Care
- Leadership

### EDUCATION

#### Bachelor of Science in Nursing

San Francisco State University

2008 - 2012

San Francisco, CA