


# CARLA RUIZ

## Elderly Caregiver

### CONTACT

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San Francisco, CA 

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### CAREER OBJECTIVE

Dedicated Caregiver with 7 years of experience specializing in geriatric care. Committed to improving overall patient well-being and health through energetic engagement and personal care support. Skilled with ADLs and knowledgeable of companionship and communication with the geriatric patient population.

### EDUCATION

High school diploma  
Abraham Lincoln High  
School  
San Francisco, CA  
2008 - 2012

### SKILLS

Independent  
Detail Oriented  
Organized  
Dependable  
Compassionate

### WORK EXPERIENCE

#### Elderly Caregiver

St. Elia's Retirement Center

2019 - current / San Francisco, CA

- Assist an average of 20 residents with ADLs including personal hygiene, exercise plans, and nutrition; 98% patient satisfaction score and zero fall incidents.
- Consistently and accurately record patient's behavior and ADLs every day; record notes in the EMR following all SOPs to ensure patient safety and nursing staff communication.
- Implemented Game Night for our residents that improved emotional well-being and 38% decline in patient complaints.

#### Caregiver

Elite Home Health Care

2014 - 2019 / San Francisco, CA

- Cared for 6 patients on a rotating schedule including physical care (lifting and bathing) and emotional well-being based on their care plans with a 93% patient satisfaction score.
- Always followed best practices for patient care, home regulations, and ensured trusted patient safety at all times with zero incident reports.
- Responded quickly and appropriately to the physical, emotional, and developmental needs of geriatric patients with a caring attitude that resulted in a trusting relationship.

#### Server

Latoona's Steakhouse

2012 - 2014 / San Francisco, CA

- Created a welcoming and positive environment to make diners feel at home resulting in recognition as the employee of the year in 2013.
- Coached junior servers and worked collaboratively with all team members to ensure a positive dining experience for customers.
- Exceeded sales targets by 6% by up-selling appetizers and drinks based on specific tastes and interests of diners.