CARLA RUIZ

ELDERLY CAREGIVER

CONTACT

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 - San Francisco, CA
 - LinkedIn in

EDUCATION

High school diploma Abraham Lincoln High School 2008 - 2012 San Francisco, CA

SKILLS

Independent
Detail-oriented
Organized
Dependable
Compassionate

WORK EXPERIENCE

Elderly Caregiver

St. Flia's Retirement Center

2019 - current / San Francisco, CA

- Assisted an average of 23 residents with ADLs including personal hygiene and nutrition
- Documented patient's behavior and ADLs 5 days per week, recording notes in the EMR
- Implemented 4 monthly Game Nights for residents, improving emotional well-being by 38%
- Earned a 96% resident satisfaction rating 3 years in a row

Caregiver

Elite Home Health Care

2014 - 2019 / San Francisco, CA

- Cared for 11 patients' physical care and emotional well-being with a 93% patient satisfaction score
- Followed best practices for patient care and home regulations, ensuring safety with 0 incidents
- Responded caringly to the physical, emotional, and developmental needs of geriatric patients
- Awarded Caregiver of the Month 6 times in 2 years

Server

Latoona's Steakhouse

2012 - 2014 / San Francisco, CA

- Created a welcoming environment for diners, being awarded Employee of the Year in 2013
- Coached 8 junior servers and collaborated with team members to ensure a positive dining experience
- Exceeded sales targets by 6% by up-selling appetizers based on diner specific tastes and interests
- Closed POS system 5 nights per week, balancing within \$0.08