

# Sarah Wilson

## Nursing Intern

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Los Angeles, CA

[LinkedIn](#)

*Aspiring nursing intern with a strong health assessment and fall prevention research background, aspiring to join Kaiser Permanente. Dedicated to supporting Kaiser's mission of improving the health of our communities through proactive care and maintaining accurate records using modern tools like Epic and Pyxis MedStation.*

## PROJECTS

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### Vitality Assessment - Volunteer

2023

- Volunteered to conduct and document in-depth health assessments for 288 local senior citizens using Epic Systems, ensuring accurate health tracking.
- Identified and addressed 14 cases of abnormal vital signs, initiating early intervention and consultations.
- Managed and dispensed medications during health assessments with the help of Pyxis MedStation, **reducing errors by 21%**.
- Designed a newsletter for citizens aged 65+, distributing best cardio practices to 93 subscribers monthly.

### HeartBeat Wellness - Speaker Assistant

2022

- Assisted in setting up and troubleshooting presentation equipment, ensuring no technical glitches occurred during the 4-hour discussion.
- Held 3 Q&A sessions of 24 minutes each, enabling 76% of the audience to interact with the speaker and promoting an in-depth understanding of heart health.
- Coordinated with dietary experts to learn and provide heart-healthy food examples, which was **highlighted as the best part by 39% of the seminar attendees** via post-event feedback forms.
- Provided data on heart health available on UpToDate, ensuring 98% of the speaker's content was accurate.

### SafeSteps Protocol - Case Study Owner

2022

- Led a pioneering case study on fall prevention strategies in current healthcare settings, **analyzing 485+ patient cases on Doximity** to identify 7 key risk factors.
- Used Epic PowerChart to document and analyze 87% of all patient data, enhancing the credibility of the study's findings.
- Leveraged Carequality to expedite seamless data exchange between healthcare providers, making the study's data collection 3 weeks quicker.
- Worked with IT students to provide data for creating a risk assessment tool, successfully identifying real-world high-risk patients with a 93% accuracy rate.

## EDUCATION

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### University of California - Bachelor of Science, Nursing

2021 - current

Los Angeles, CA

## SKILLS

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Pyxis MedStation; Doximity; Epic; UpToDate; Epic PowerChart ; Carequality